

Gluten Free Menu

MAINS

SLOW BRAISED SHEPHERDS PIE

Slow cooked minced lamb, carrots & peas topped with mashed potatoes, with chargrilled lamb cutlet & minted lamb jus. 18.95

CAESAR SALAD

Crisp cos lettuce, bacon lardons, parmesan shavings, croutons & Caesar dressing. 11.95

Add Chicken 16.95

STEAK FRITES

6oz Rump Steak, Skin on fries, fried egg & chimichurri. 24.95

CAJUN CHICKEN GLUTEN FREE PENNE

Cajun spiced chicken, cherry tomatoes, spinach, freshly grated parmesan cheese. 17.95

BEEF STOGANOFF

Strips of beef, Dijon mustard, chestnut mushrooms, onions, beef jus & crème fraiche.

Served with gluten free bread. 17.95

Recommended Wine - Arche Sangiovese

BUTTERNUT SQUASH RISOTTO

Roasted butternut squash, squash puree, toasted pine nuts, freshly grated parmesan & dressed rocket. 15.95

PAN FRIED FILLET OF SEABASS

Sauteed baby potatoes, green beans, olives, chorizo & basil oil. 21.95

Recommended Wine - Cotes De Thau Picpoul

FISH & CHIPS

Scottish haddock in gluten free batter, chunky skin on chips, tartar sauce, garden peas & fresh lemon. 16.95

LAMB BIRIYANI

Slow braised lamb leg with fragrant spices and herbs, spiced basmati rice with mint & yoghurt sauce. 21.95

Recommended Wine -- Le Versant Malbec

STEAK

FILLET 228g | SIRLOIN 228g
33.95 | 31.95

All served with garlic & thyme roasted chestnut mushrooms, chargrilled shallot, roast cherry vine tomatoes & seasoned skin on fries

Add sautéed garlic king prawns for £6

Pepper sauce 2.95 | Blue cheese sauce 2.95 | Chimichurri 2.95

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FAJITAS

Served with sizzling onions & mixed peppers, gluten free tortillas, grated mature cheddar, sour cream, salsa & guacamole

CHICKEN
18.95

STEAK
19.95

VEGETABLE
16.95

MIXED
19.95

SIDES

Side salad | Skin on chips | Skin on fries
Seasonal Vegetables | Parmesan truffle fries

ALL SIDES 4.95

LUNCH

Available daily from 12-4pm

Served on toasted gluten free bread with seasoned skin on fries & house dressed salad

LÓUIES CLUB SANDWICH

Chicken, bacon, egg mayo, lettuce & tomato. 11.95

CHEESE STEAK

Beef strips, fried onion, melted cheese & mustard mayo. 13.45

LB's B.M.T

Sliced salami, sliced chorizo, honey roast ham, emmental cheese & dijon mayo. 12.95

BRIE & RED ONION CIABATTA

Red onion marmalade, brie & rocket. 9.95
Add bacon. 2.50

CHICKEN CAESAR

Chicken breast, diced smoked bacon, shredded cos lettuce, parmesan & crispy onions with Caesar dressing. 12.95

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DESSERTS

CHEESECAKE

Rhubarb & ginger cheesecake.
With raspberry sorbet. 8.45

WHITE CHOCOLATE & MATCHA MOUSSE

Yuzu curd & raspberry gel. 8.75

CHOCOLATE BROWNIE

Gluten free double chocolate brownie, warm
chocolate sauce & salted caramel ice cream. 8.95

FRESH FRUIT SALAD

With mango sorbet. 7.45

AFFOGATO

Vanilla ice cream, double espresso. 7.45

SELECTION OF ICE CREAM OR SORBET

5.95

HOT DRINKS

AMERICANO 3.75

CAPPUCCINO 3.95

CAFE LATTE 3.95

FLAT WHITE 3.95

MOCHA 3.95

HOT CHOCOLATE 3.95

ESPRESSO 2.95

DOUBLE ESPRESSO 3.95

ADDITIONS

Extra shot £1 | Flavoured Syrup £1

TEA 2.95

English, Earl grey, Green, Camomile, Peppermint

Soy & oatmilk also available.



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STARTERS

SOUP OF THE DAY

Gluten free bread & butter. 5.95

KING PRAWN BRUSHCETTA

Garlic, chilli & cream sauce, toasted gluten free bread
with pea shoots & lemon zest. 9.95

HOT HONEY CHICKEN SKEWERS

Marinated chicken & chorizo skewer,
hot honey glaze, jalapeno salsa, mint yoghurt sauce
& micro coriander. 8.95

GOATS CHEESE ROULADE

Goats cheese, roasted red peppers & cream cheese
roulade, rolled in crushed pine nuts
with dressed rocket & balsamic glaze. 9.45

STEAMED MUSSELS

White wine, garlic & cream sauce. gluten free bread
Starter 11.95 | Main (With Fries) 18.95

CRISPY CHICKEN WINGS

Homemade hot sauce
6 wings 8.95 | 12 wings 16.95

NACHOS

Melted cheese, guacamole, salsa, sour cream
& jalapeños. 9.45
Add Chilli. 13.95

TO SHARE

ANTIPASTI

Prosciutto, salami, chorizo, mozzarella cheese,
sun dried tomatoes, olives, hummus,
& gluten free bread. 17.95

CHEESE

Selection of fine Scottish cheese.
gluten free bread, oatcakes, grapes & celery. 18.95

BURGERS

Served on a toasted gluten free bun with baby gem lettuce,
beef tomato, red onion rings, skin on fries & home made coleslaw.

BAY BURGER

Handmade burger, emmental Jack cheese
& smoked streaky bacon. 17.95

CHICKEN BURGER

Chargrilled chicken breast, garlic aioli. 16.95