

Gluten Free Menu

MAINS

STEAK FRITES

6oz Rump Steak, Skin on fries, fried egg & chimichurri. 24.95

CAJUN CHICKEN GLUTEN FREE PENNE

Cajun spiced chicken, cherry tomatoes, spinach, freshley grated parmesan cheese. 17.95

KATSU CHICKEN

Chargrilled chicken breast, steamed basmati rice, home made katsu curry sauce & Asian slaw. 21.95

SUMMER VEGETABLE & HALLOUMI PASTA

Courgette ribbons, rocket pesto, halloumi, lemon, gluten free penne. 15.95

Add Chicken 18.95

PAN FRIED FILLET OF COD

Crushed baby potatoes, chargrilled asparagus, Wilted spinach & samphire, dill butter & crispy capers. 22.95

Recommended Wine - Cotes De Thau Picpoul

FISH & CHIPS

Scottish haddock in gluten free batter, chunky skin on chips, tartar sauce, garden peas & fresh lemon. 16.95

CHICKEN SUPREME

Crispy chicken supreme stuffed with mozzarella cheese and sun blushed tomatoes, served with tenderstem broccoli, sautéed baby potatoes & crispy Parma ham. 20.95

Recommended Wine - De Waal Sauvignon Blanc

SALADS

CAESAR SALAD

Crisp cos lettuce, bacon lardons, parmesan shavings, croutons & Caesar dressing. 11.95

Add Chicken 16.95

CAJUN CHICKEN SALAD

Marinated chicken breast, halloumi, peppers, cherry tomatoes, cos lettuce & chipotle dressing. 16.95

HOT SMOKED SALMON SALAD

Warm baby potatoes, asparagus, soft-boiled egg, capers, dill crème fraiche & watercress. 18.95

FOOD ALLERGIES & INTOLERANCES

Please speak to your server about the ingredients in your meal when placing your order regarding any allergies, intolerances, or religious beliefs. Some dishes can be prepared as vegetarian or vegan - please ask your server.

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STEAK

FILLET 228g | SIRLOIN 228g
36.95 34.95

All served with garlic & thyme roasted chestnut mushrooms, chargrilled shallot, roast cherry vine tomatoes & seasoned skin on fries

Add sautéed garlic king prawns for £6

Pepper sauce 2.95 | Blue cheese sauce 2.95 | Chimichurri 2.95

FAJITAS

Served with sizzling onions & mixed peppers, gluten free tortillas, grated mature cheddar, sour cream, salsa & guacamole

CHICKEN
18.95

STEAK
19.95

VEGETABLE
16.95

MIXED
19.95

SIDES

Side salad | Skin on chips | Skin on fries
Seasonal Vegetables | Parmesan truffle fries

ALL SIDES 4.95

LUNCH

Available daily from 12-4pm

Served on toasted gluten free bread or gluten free bun with seasoned skin on fries & house dressed salad

LÓUIES CLUB SANDWICH

Chicken, bacon, egg mayo, lettuce & tomato. 11.95

CHEESE STEAK

Beef strips, fried onion, melted cheese & mustard mayo. 13.45

THE REUBEN

Sliced pastrami, sauerkraut, Emmental cheese & Russian dressing on toasted wholemeal bread. 12.95

BRIE & RED ONION

Red onion marmalade, brie & rocket. 9.95
Add bacon. 2.50

CHICKEN CAESAR

Chicken breast, diced smoked bacon, shredded cos lettuce, parmesan & crispy onions with Caesar dressing. 12.95

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DESSERTS

CHEESECAKE

Rhubarb & ginger cheesecake.
With raspberry sorbet. 8.95

SUMMER BERRY PAVLOVA

Homemade meringue, fresh summer berries,
Chantilly cream & berry coulis. 8.75

CHOCOLATE BROWNIE

Gluten free double chocolate brownie, warm
chocolate sauce & salted caramel ice cream. 9.25

FRESH FRUIT SALAD

With mango sorbet. 7.45

AFFOGATO

Vanilla ice cream, double espresso. 7.95

SELECTION OF ICE CREAM OR SORBET
5.95

CHEESE & OATCAKES

Selection of fine Scottish cheese.
Outcakes, grapes & celery.
Indv 10.95 | Share 18.95

HOT DRINKS

AMERICANO 3.75

CAPPUCCINO 3.95

CAFE LATTE 3.95

FLAT WHITE 3.95

MOCHA 3.95

HOT CHOCOLATE 3.95

ESPRESSO 2.95

DOUBLE ESPRESSO 3.95

ADDITIONS

Extra shot £1 | Flavoured Syrup £1

TEA 2.95

English, Earl grey, Green, Camomile, Peppermint

Soy & oatmilk also available.



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STARTERS

SOUP OF THE DAY

Gluten free bread & butter. 5.95

KING PRAWN & CRAB COCKTAIL

Flambéed king prawns in brandy & a tabasco butter,
crab & cucumber roulade with gluten free
bread & lemon oil. 11.95

CONFIT CHICKEN & SMOKED HAM TERRINE

Confit chicken thigh & smoked ham hock terrine,
homemade piccalilli & oatcakes. 9.75

STEAMED MUSSELS

White wine, garlic & cream sauce. gluten free bread
Starter 11.95 | Main (With Fries) 18.95

CRISPY CHICKEN WINGS

Homemade hot sauce
6 wings 8.95 | 12 wings 16.95

NACHOS

Melted cheese, guacamole, salsa, sour cream
& jalapeños. 9.45
Add Chilli. 13.95

ANTIPASTI

Prosciutto, salami, chorizo, buffalo mozzarella,
sun-dried tomatoes, olives, hummus,
& homemade bread.
Indv 8.95 | Share 17.95

BURGERS

Served on a toasted gluten free bun with baby gem lettuce,
beef tomato, red onion rings, skin on fries & home made coleslaw.

BAY BURGER

Handmade burger, Emmental cheese & smoked
streaky bacon. 18.25

CHICKEN BURGER

Chargrilled chicken burger
with cheese & garlic aioli. 17.95

CHILLI CHEESEBURGER

Handmade burger with homemade chilli,
Mexican cheese & jalapenos. 19.25